

SUPER MARKET

WEEK OF:

COUPONS

grocery List

REUSABLE BAGS

SHOPPER S CARD

BUDGET:

SPENT:

PAPER PRODUCTS

LAUNDRY/CLEANING

HEALTH /BEAUTY

MISC.

BREAKFAST /CEREALS

FROZEN FOODS

PETS/BABY CARE

DAIRY CASE/EGGS

KITCHEN SUPPLIES

MEAT /SEAFOOD

SNACKS /TREATS

BEVERAGES

BAKING/OILS

CANNED /JARRED

PASTA /RICE/BOXED

CONDIMENTS /SPICES

FRUITS/VEGETABLES /BULK

DELI/BAKERY/BREADS /CHEESE