

**DATE**

**HOUSE CLEANING CHECKLIST**

# Kitchen

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Clean counter tops  Clean microwave inside/outside  Wipe down cabinets/hardware  Clean outside of appliances  Polish stainless steel appliances  Clean refrigerator inside  Clean range vent/filter  Clean and sanitize sinks  Sweep and wash floors      **Dining Room** |  |  |  |  |  |  |  |
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| **M** | **T** | **W** | **T** | **F** | **S** | **S** |
| Clean windows/window treatments  Clean/polish table and chairs  Sweep/mop hard floors  Vacuum carpets/area rugs      **Bathrooms** |  |  |  |  |  |  |  |
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| **M** | **T** | **W** | **T** | **F** | **S** | **S** |
| Clean/sanitize sinks  Clean/sanitize tubs, shower, toilet  Clean mirrors and glass  Clean and polish fixtures  Dust light fixtures and bulbs  Wash floors      **Bedrooms** |  |  |  |  |  |  |  |
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| **M** | **T** | **W** | **T** | **F** | **S** | **S** |
| Change sheets  Dust furniture/shelves  Vacuum floor  Wash windows  Empty wastebaskets  Dust light fixtures  Put away clean laundry  Dust/mop baseboards |  |  |  |  |  |  |  |
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# Living Room

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| --- | --- | --- | --- | --- | --- | --- | --- |
| Dust all hard surfaces/shelves/blinds  Vacuum carpets/area rugs  Sweep/mop hard floors  Vacuum upholstered furniture  Polish wood  Clean windows/window treatments      **Office** |  |  |  |  |  |  |  |
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| **M** | **T** | **W** | **T** | **F** | **S** | **S** |
| Dust office surfaces/equipment  File or toss loose mail/paperwork  Clean windows/window treatments  Sweep/mop hard floors  Vacuum carpets/area rugs    **Stairs/Entry/Hallways** |  |  |  |  |  |  |  |
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| **M** | **T** | **W** | **T** | **F** | **S** | **S** |
| Vacuum carpets/area rugs  Sweep/mop hard floors  Dust cobwebs; ceiling/baseboard  Clean windows/window treatments    **Laundry/Utility Room** |  |  |  |  |  |  |  |
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| Clean washer and dryer exteriors  Clean inside rim of washer  Change/clean lint traps  Dust light fixtures and bulbs  Empty wastebasket  Sweep and mop floor  Clean laundry sink and fixtures  Clean laundry counter/hamper    **Basement/Garage** |  |  |  |  |  |  |  |
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| Empty wastebaskets  Organize/dust shelves  Sweep/mop floor  Put away tools/supplies |  |  |  |  |  |  |  |
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