



Summer Camping Packing List

A Pioneer Plunge trip requires no specialized outdoor clothing or equipment. However, we do recommend that you follow this list carefully to fully assess what you'll need to ensure a reasonably comfortable trip. Remember: once you arrive at Pioneer Plunge there is no means for you to purchase any items that you have neglected to bring. Also, be sure to bring extra clothes for the trip home from Plunge.

Pioneer Plunge will provide sleeping bags and backpacks. However, if you have your own and are accustomed to them, you are welcome to bring and use them. Pioneer Plunge will provide all other necessary equipment (e.g. food, first aid, eating utensils, etc.)

If you do bring your own:

Sleeping Bag – We recommend synthetic filled bags (although goose down is acceptable) for a 30 to 60 degree Fahrenheit range.

Backpack – Either internal or external framed packs are acceptable (4000 cu. In. minimum).

Clothing

*Hiking Boots	Something to sleep in
Tennis Shoes or Sandals (to wear when not working)	Winter Hat
Socks (3 or 4 pair)	Fleece top or sweatshirt
Shorts (3 pair)	Jeans or other work pants (2)
Underwear	Work gloves
T-shirts and Long Sleeve Shirts (6)	
Rain Jacket or Poncho	
Bandanas (1-3)	

*Since there is relatively little hiking/heavy backpacking at Plunge, an expensive hiking boot is not necessary. However, we do recommend good quality footwear for wilderness and working conditions.

Equipment

Bible	Camera and film
Note Pad and Pencil	Small flashlight (extra batteries)
Sunglasses	

Other Equipment Suggestions

Ziploc bags
 Handi-wipes and hand sanitizer
 Small Hammock (\$10 at Wal-mart). You don't need one, but people like to use them on the solo.

Personal

Glasses and Contacts (bring extras if you have them)	Small Bath Towel
Tooth brush and tooth paste	Insect repellent
Any personal medication needed	

Please do not bring knives/guns/weapons!