**BLOOD GLUCOSE TESTING RECORD**

**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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|  | **Date** |  | **Morning** | **Lunch time** | **Dinner** | **Bedtime** | **Physical Activity** |  |
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|  | **Date** |  |  | **Morning** | **Lunch time** | **Dinner** | **Bedtime** | **Physical Activity** |  |
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|  | **Date** |  | **Morning** | **Lunch time** | **Dinner** | **Bedtime** | **Physical Activity** |  |
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|  | **Date** |  | **Morning** | **Lunch time** | **Dinner** | **Bedtime** | **Physical Activity** |  |
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|  | **Date** |  |  | **Morning** | **Lunch time** | **Dinner** | **Bedtime** | **Physical Activity** |  |
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|  | **Date** |  |  | **Morning** | **Lunch time** | **Dinner** | **Bedtime** | **Physical Activity** |  |
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|  | **Date** |  |  | **Morning** | **Lunch time** | **Dinner** | **Bedtime** | **Physical Activity** |  |
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